

ANYTIME Allergic Reaction/Anaphylaxis treatment is initiated, the student should be transferred to Same Day Clinic for monitoring

I. ANAPHYLAXIS - Immediate First Aid

May Include:

SX: Itching, numbness, urticaria, flushing, anxiety, cough, chest/throat constriction, sneezing, dyspnea, cyanosis, hypotension, stridor, shock, decreased or loss of consciousness

Cause:

Acute systemic allergic reaction (may be due to stings, immunization, medication, food substance, nuts, etc.)

RX: INITIATE TREATMENT IMMEDIATELY

1. Inject **EPINEPHRINE** Auto-injector 1:1000 0.3 ML IM (not in same arm as vaccine if given)
2. Inject **BENADRYL** 50 mg IM (different area than EPI)
3. If no improvement in 5 minutes, give repeat **EPINEPHRINE** Auto-injector 1:1000 0.3 ml IM
4. May repeat **EPINEPHRINE** Auto-injector third dose after another 5 minutes.
5. Observe 1-2 hours if not severe – then send home with Benadryl P.O. Recheck next day. If severe, refer to ER
6. Monitor vitals & record through out episode. Give oxygen PRN.
7. May start IV as appropriate